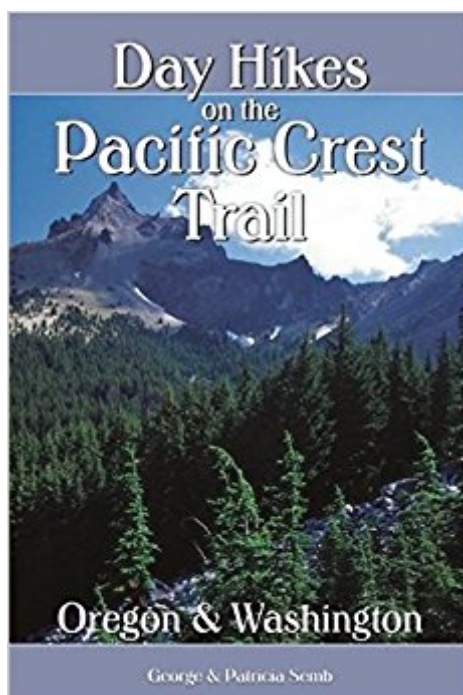


The book was found

Day Hikes On The Pacific Crest Trail: Oregon And Washington



Synopsis

This comprehensive guidebook highlights segments of the Pacific Crest Trail you can hike in a single day. Routes range from four to twenty mile sections of the PCT throughout Oregon and Washington. Detailed trail information includes mileage, elevation change, and difficulty ratings.

Book Information

Paperback: 178 pages

Publisher: Wilderness Press (November 15, 2000)

Language: English

ISBN-10: 0899972764

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Product Dimensions: 9 x 6 x 0.5 inches

Shipping Weight: 12 ounces

Average Customer Review: 4.0 out of 5 stars 1 customer review

Best Sellers Rank: #2,072,486 in Books (See Top 100 in Books) #72 in Books > Travel > United States > Oregon > General #81 in Books > Travel > United States > Washington > General #605 in Books > Health, Fitness & Dieting > Exercise & Fitness > Walking

Customer Reviews

"An outstanding aspect of this guidebook is its absolute fastidiousness with logistics." -- Paul McHugh, SF Chronicle Outdoors Writer

This would be a good book for serious or experienced hikers, it is very clear and well written directions to day hikes on the Pacific Crest trail. Unfortunately the hikes are pretty beyond my fitness level, so I had to give this book a four stars because there was nothing really for a beginner or a "wimp" or people with small children or with a handicap, that sort of thing. The hikes described are pretty much all a higher difficulty level (20 mile hikes are typical). If you are just starting hiking you would probably have to work up to this book, but if you are at the right skill level and have an interest in hiking the Pacific Crest Trail but not as a through hike this might be the book for you.

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